

Hello and welcome to your First Communion Workshop Virtually!

Enclosed you will find the materials to use for the workshop. Each video has an activity to do along with your child. Please watch the videos together, and use the booklet as your guide. The link to the YouTube playlist can be found on our [Families in Faith](#) website

The contents of this packet:

1. **Workshop booklet**
2. **Set of beads** to mark the actions you will take and a **leather strip** to collect them.
3. **Folded white paper** to design your placecard in Session One
4. Packet of **Oyster crackers** to practice receiving the Eucharist
5. **Mass Book** to practice the Mass Responses
6. **Garden sign** to place somewhere on the American Martyrs Church campus when you make a visit to the Blessed Sacrament
7. Your blue **Eucharist Book** to use for the next few weeks when you are at the Mass.
8. The gold **Family Meal Blessing Paper** to use with your loaf of bread.

Have fun and we are looking forward to seeing you soon!